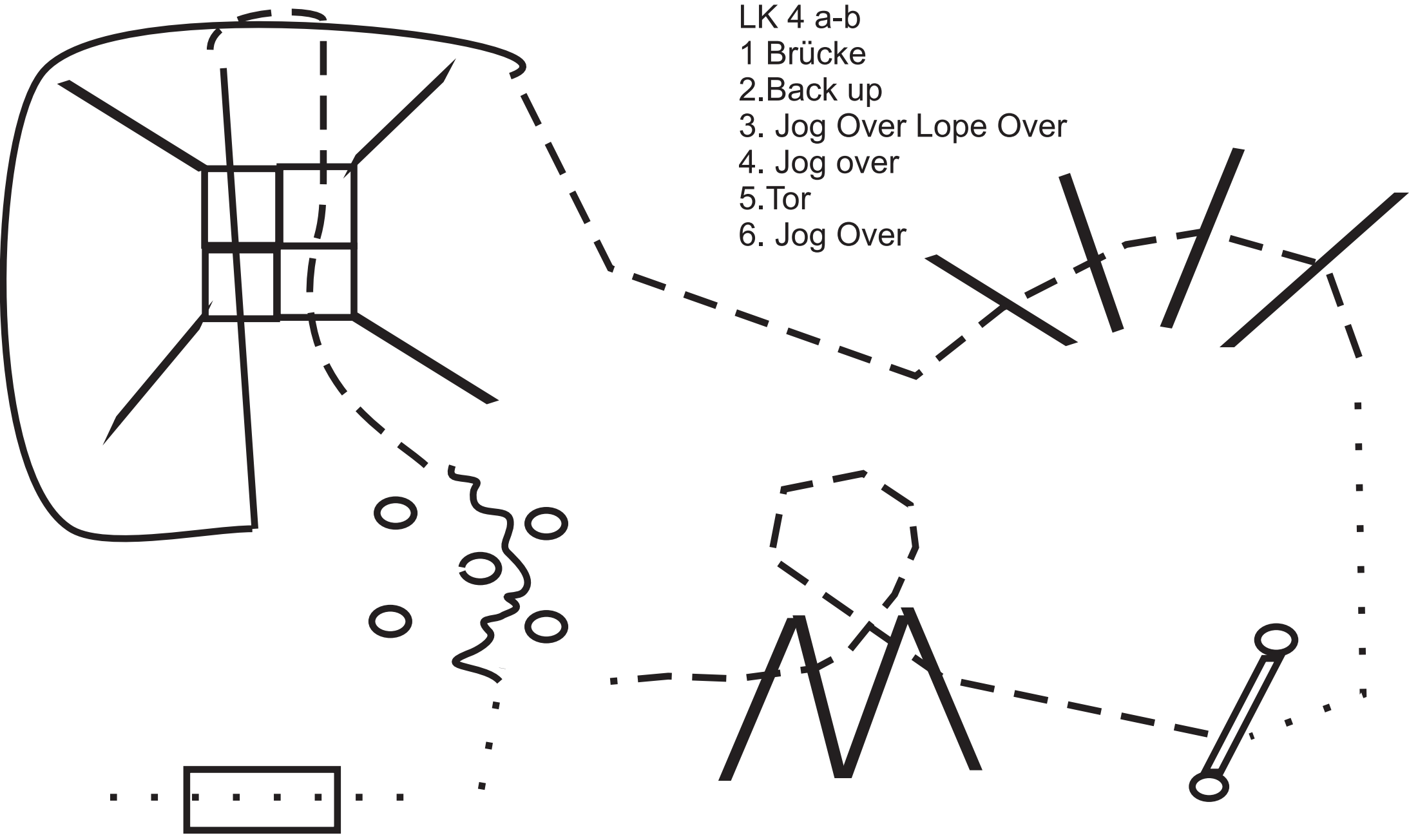
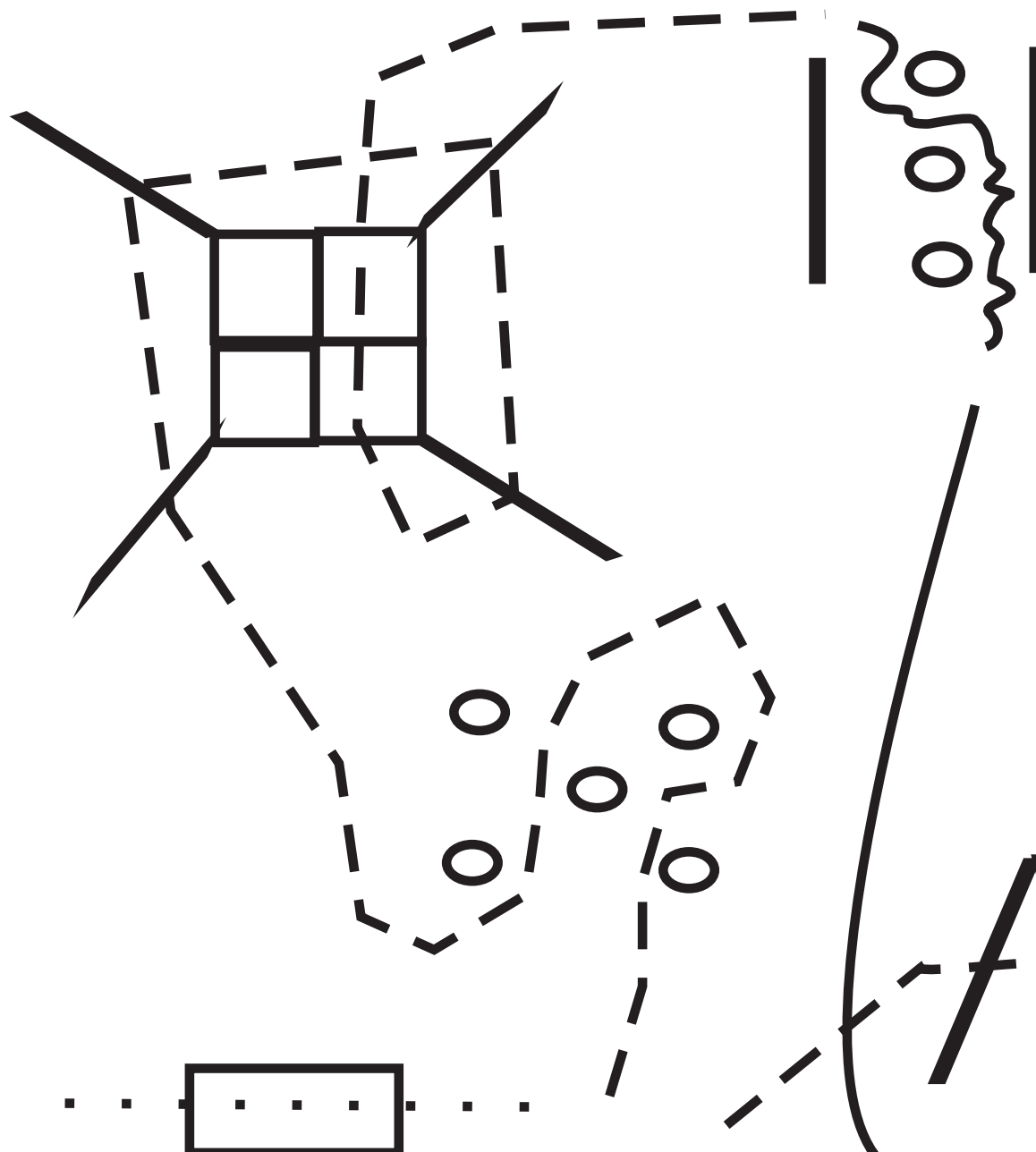


- LK 5a/b
1. Brücke
 2. Jog Over
 3. Tor
 4. Jog over
 5. Back up
 6. Jog Over

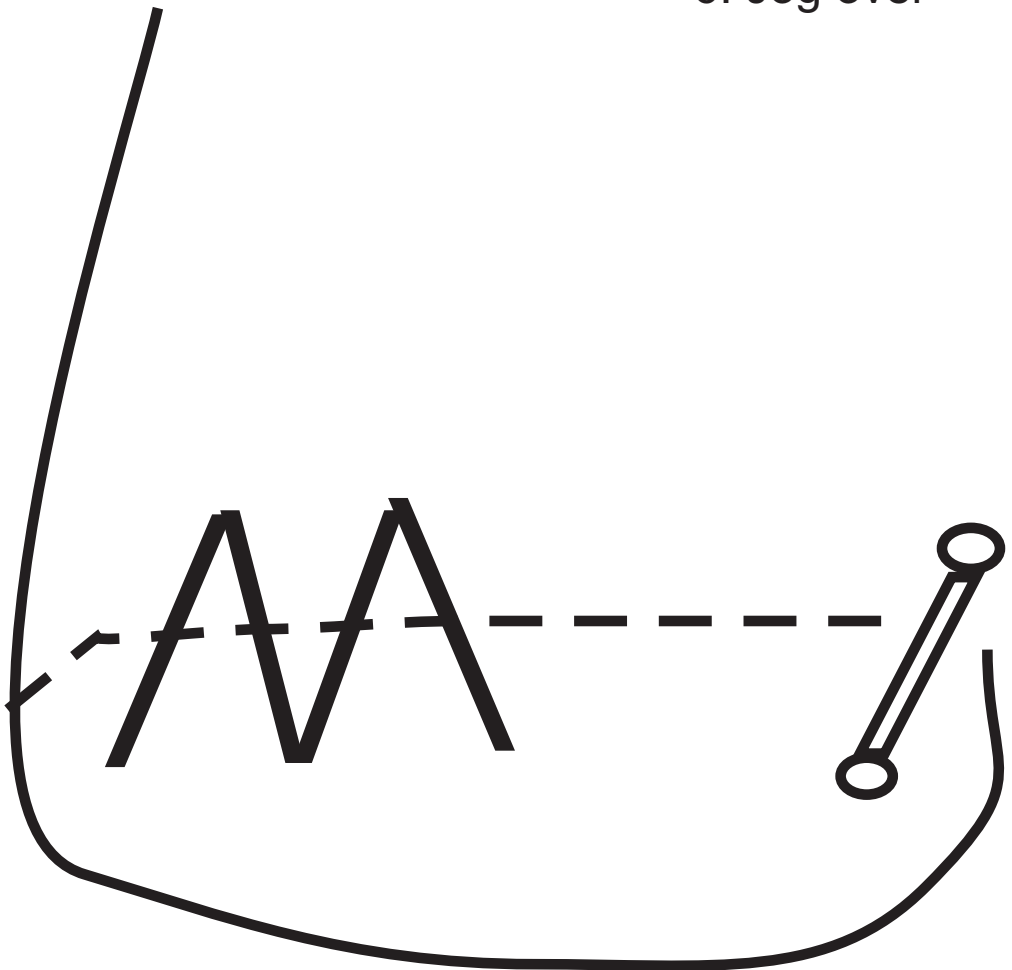
LK 4 a-b

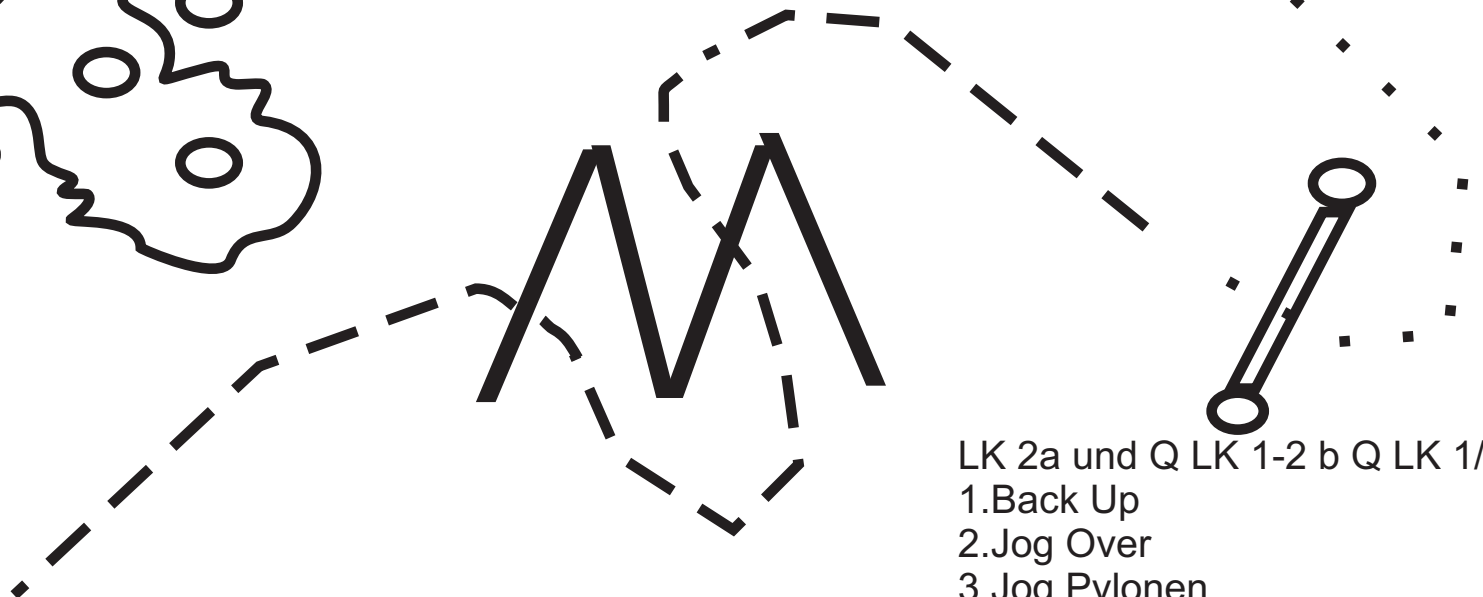
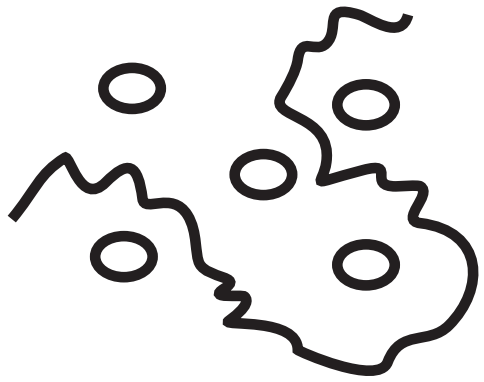
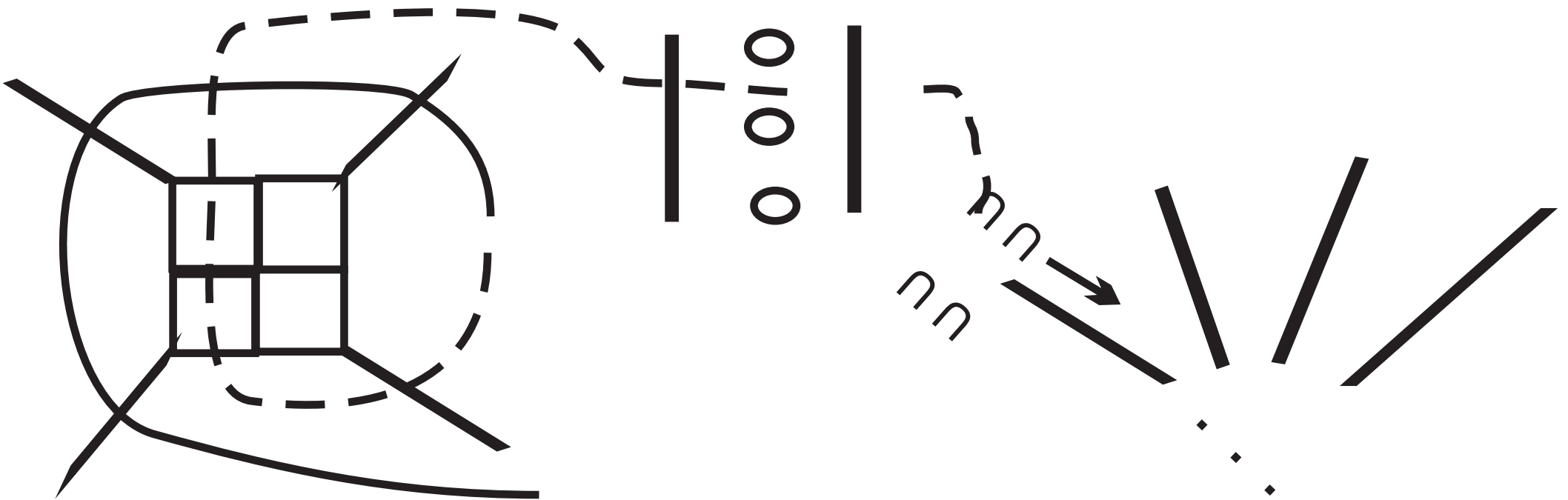
- 1.Brücke
- 2.Back up
- 3. Jog Over Lope Over
- 4. Jog over
- 5.Tor
- 6. Jog Over



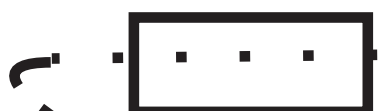
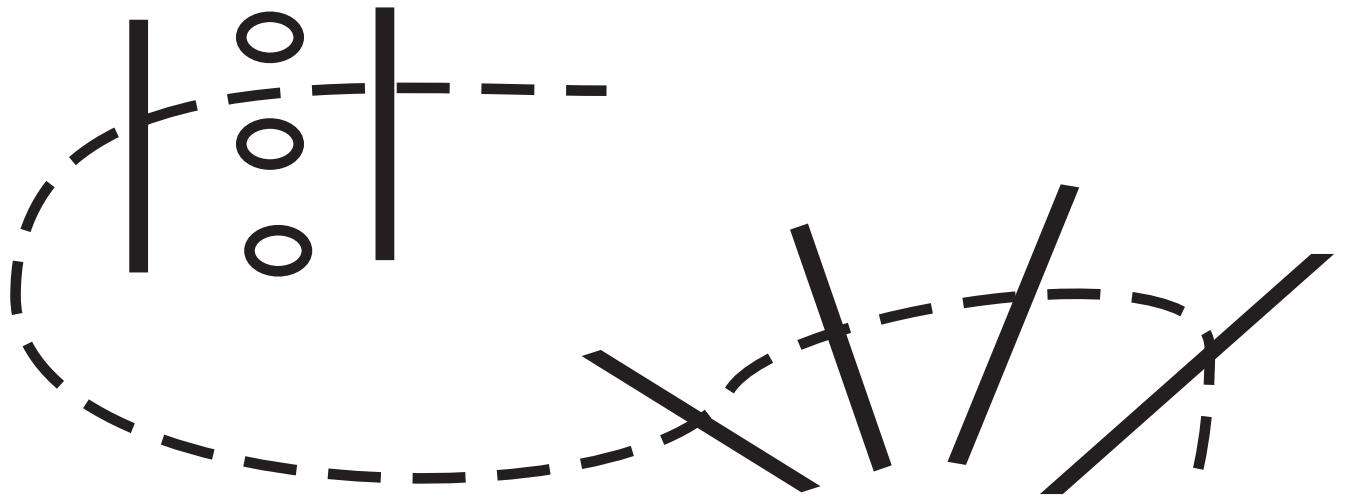
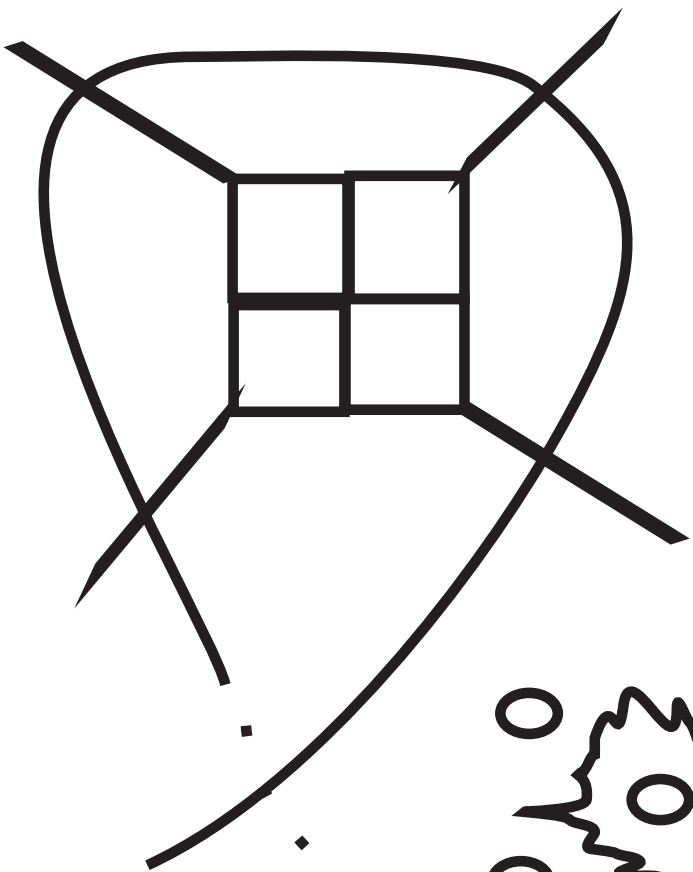


- LK 3 a und b
- 1.Brücke
 - 2.Jog Pylonen
 - 3.Jog Stangen
 - 4.Back up
 5. Tor
 6. Jog over

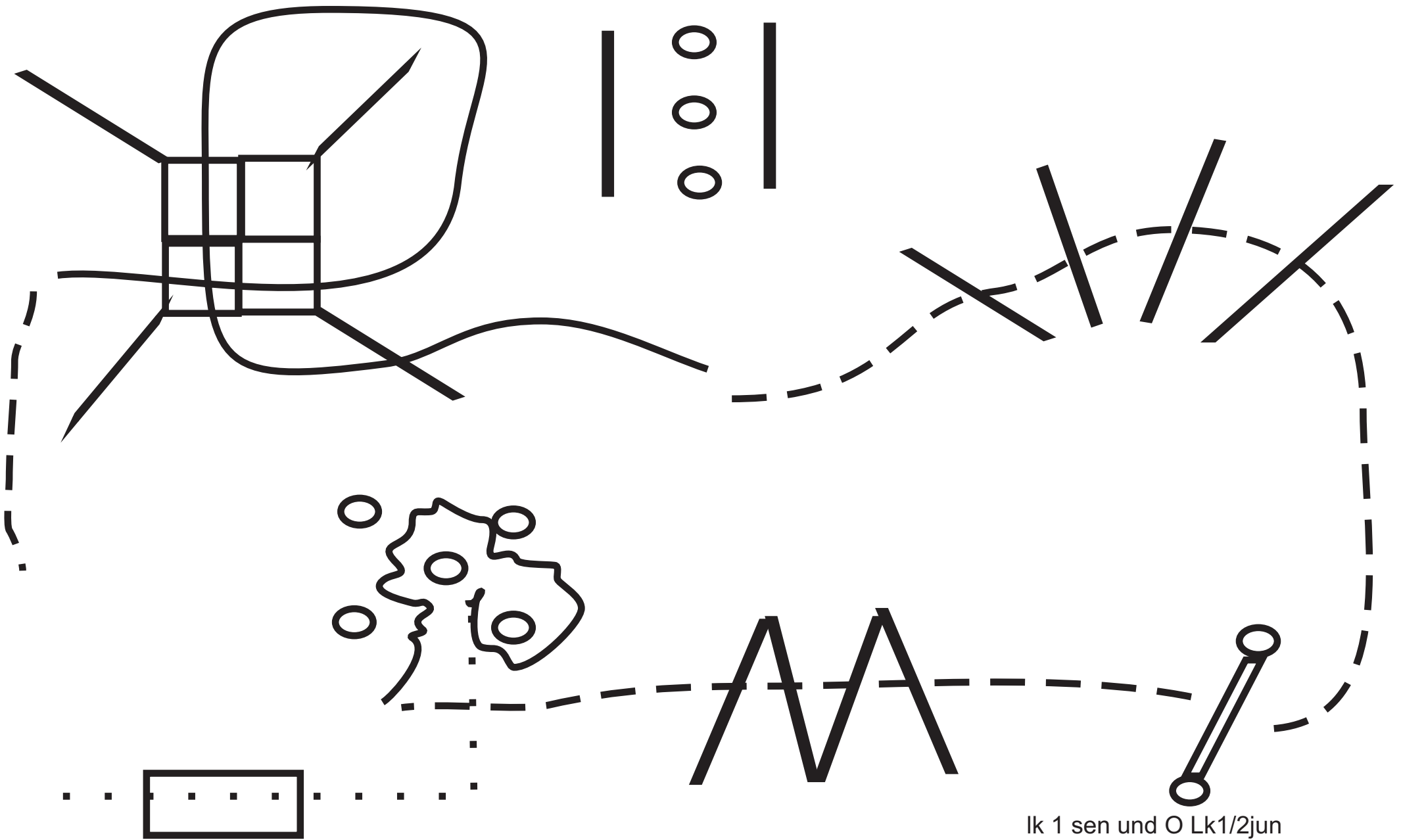




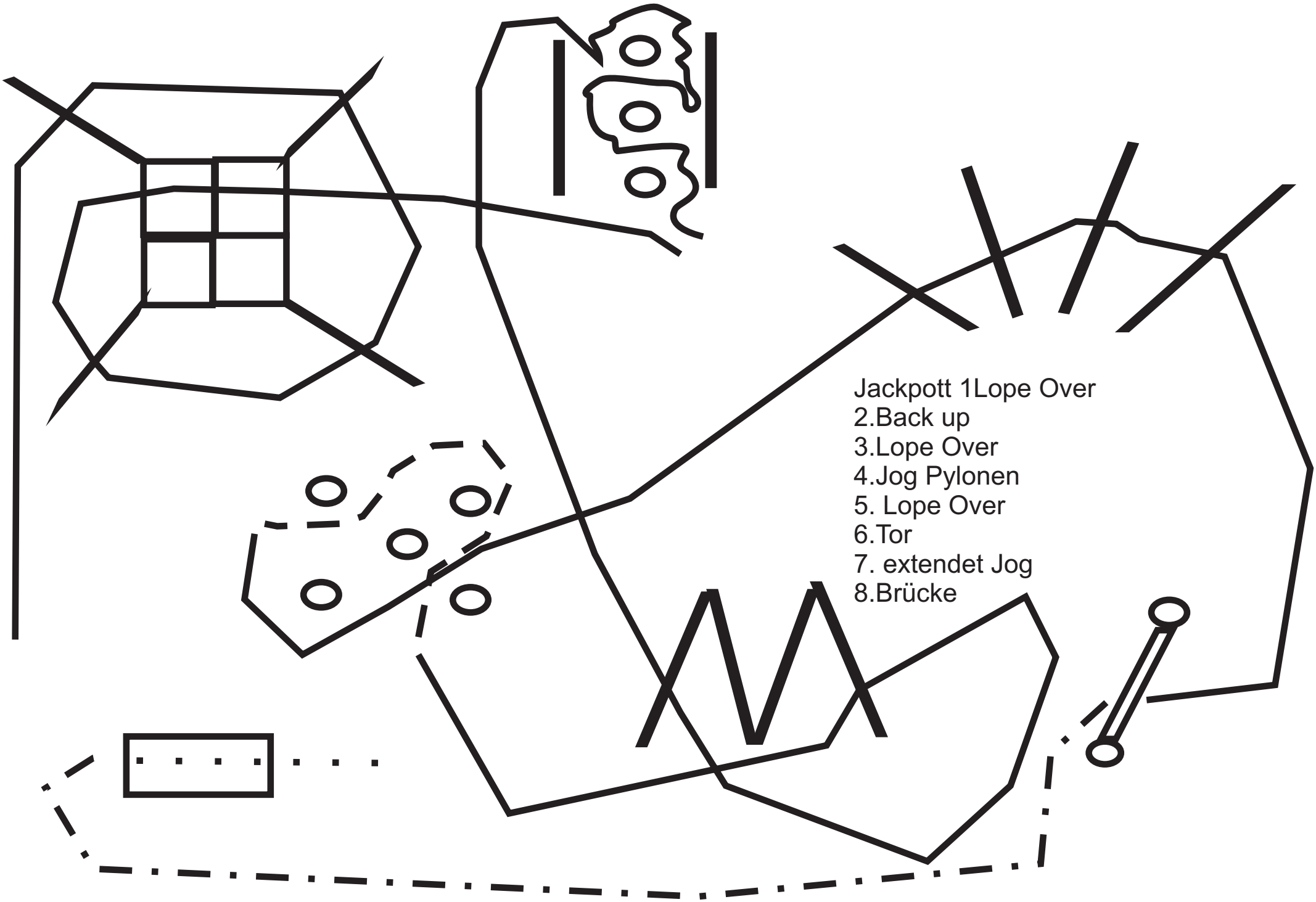
- LK 2a und Q LK 1-2 b Q LK 1/2 sen
1. Back Up
 2. Jog Over
 3. Jog Pylonen
 4. Side Pass
 5. Tor
 6. Jog over



- LK 1/2jun+
LK 1/2 b
1.Lope over
2.Back up
3.Brücke
4.Tor
5.Jog
6. Jog Pylonen



lk 1 sen und O Lk1/2jun
 1.Lope over
 2.Jog Over
 3.Tor
 4.Jog Over
 5.Back up
 6. Brücke



1. Lope Over
2. Back up
3. Lope Over
4. Jog Pylonen
5. Lope Over
6. Tor
7. extendet Jog
8. Brücke